

SPORTS DIARY

June.

- 25/26—Scottish A.A.A. Senior Championships & Junior Relay Championships—New Meadowbank.
26—Lochaber Sports & Ben Nevis Race—Fort William.
26—A.A.A. Marathon—Chiswick.
26—Stewarton Bonnet Guild Festival Sports—Stewarton.
26—Inter-county Youth Services—Alexandria.
29—Glasgow Corporation Transport Rec. Club—Helenvale Park.

July.

- 3—Scottish A.A.A. Junior Championships and Senior Relay Championships—Westerlands.
3—Braw Lad's Gathering—Galashiels.
3—Ardeer Recreation Club—Ardeer.
3—Lanark A.A.C.—Lanark.
3—Elgin Gala Sports—Elgin.
3—Tayport Sports and Gala Day—Tayport.
7—Scottish Border A.A.A. Championships (Part)—Hawick.
9/10—A.A.A. Championships—White City.
10—Rafford Sports—Rafford.
10—Dundee North End F.C.—Dundee.
10—Linlithgow Town Council—Linlithgow.
10—Duns A.A. & C.C.—Duns.
10—Saxone A.A.C.—Kilmarnock.
17—Forres Gathering—Forres.
17—England & Wales v. Ireland & Scotland—White City.
17—Edinburgh City Police—New Meadowbank.
17—Scottish Border A.A.A. Championships (Part)—Galashiels.
22—Press Charity Sports—Edinburgh.

- 24—Aberdeen Corporation Sports—Aberdeen.
31—A.A.A. Junior Championships.
31—Falkirk Victoria Harriers—Falkirk.
31—West Calder A.S.A.—West Calder.
31/Aug. 6—British Empire Games—Vancouver.

Aug.

- 7—Rangers F.C.—Ibrox Stadium.
Nairn Games—Nairn.
14—"News of the World" British Games—White City.
14—Atholl & Breadalbane Agric. Socy.—Aberfeldy.
14—Carlisle Charity Sports—Carlisle.
14—Milngavie Highland Games—Milngavie.
21—Bute Highland Games—Rothesay.
21—Sanquhar Sports—Sanquhar.
21—Edinburgh Highland Games—Murrayfield.
25/29—European Championships—Berne.
27/28—Cowal Highland Gathering—Dunoon.
28—Glenurquhart Games—Dummadrochit.

Sept.

- 4—Shotts Highland Games—Shotts.
4—Inverness Games—Inverness.
11—Dunblane Highland Games—Dunblane.

Nov.

- 20—"News of the World" Edinburgh to Glasgow Road Relay Race.

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Published by Walter J. Ross, 69 St. Vincent Street, Glasgow, C.2.
Printed by Lawn & Miller, Ltd., 47 Cadogan Street, Glasgow, C.2.

JUNE, 1954

Vol. 5, No. 12.

THE SCOTS ATHLETE

PRICE
6^D



The leaders at an early stage in the Scottish Marathon Championship (L. to R.), J. McGhee, Shettleston Harriers the winner; H. Lawrence, Teviotdale H. and previous holder, J. Duffy, Hadleigh A.C.

JOHN EMMET FARRELL'S
RUNNING COMMENTARY.

SCOTTISH MARATHON. WOMEN'S CHAMPIONSHIPS

BEST PERFORMANCES.

SPORTS DIARY

WE HAVE RECEIVED

WORLD SPORTS INTERNATIONAL ATHLETICS ANNUAL 1954.

This is the 1954 edition of a great reference book. It provides a comprehensive and authoritative record of International Track and Field, and has been compiled by the Association of Track and Field Statisticians, its General Editors being R. L. Quercetani and Fulvio Regli.

The book includes complete details of the world's athletic performances, national records and championships summaries of nearly fifty countries; international contests and photos of some of the world's greatest exponents.

Articles on topics of general interest have been added this year, among them "The 4 minute Mile at Last," by Harold Abrahams, and "World's Fastest Humans" by D. H. Potts.

For a complete appreciation and knowledge of world athletic performances this compact annual is indispensable. Published by WORLD SPORTS, 184/5 Fleet Street, London, E.C.4. (Price 7/6d.).

* * *

Sports Injuries: Prevention and Active Treatment by Christopher Woodard. Published by Max Parrish and Co. Ltd., 55 Queen Anne Street, London, W.1., Price, 12/6.

This is an authoritative textbook on active treatment for all athletes, trainers, coaches and sportsmen dealing not only with the ordinary run of sprains, strains and torn muscles, but with blisters, athlete's foot, stressed fractures, tennis elbow and numerous other complaints. The author advocates "Active Treatment" to enable an injured athlete to be cured without getting out of condition. It is claimed that it is gaining more and more predominance over old-fashioned passive methods and that rest and immobilisation are the worst treatment for most soft-tissue injuries, and damaged muscles will always heal more quickly if they are made to "work it out."

In addition to treating injuries when they occur, Dr. Woodard is concerned to prevent their occurrence.



Emil Zatopek, the reigning triple Olympic champion has broken Gundar Haegg's 5,000 metres record and his own 10,000 metres record. (see "Running Commentary").

Doctors who are called upon to treat injured athletes should find this book invaluable; but it is written in non-technical language so that the non-professional—the club trainer or masseur, or the athlete himself—will have no difficulty in carrying out the treatments, manipulations and exercises described. It deals not only on the methods of exercise and treatment, but also on the general principles of training for fitness such as diet, combatting staleness, and the ethics and efficacy of various forms of doping. There are 13 line drawings in the text and more than 100 half-tone plates arranged in strip form to show the main exercises and manipulations. A classified list of the commoner sports and their injuries, together with an Index, make for quick and easy reference.

Do not miss the July issue. It will contain full details of the Scottish Track and Field championships at New Meadowbank.

THE SCOTS ATHLETE

TO STIMULATE INTEREST IN
SCOTTISH AND WORLD ATHLETICS

"Nothing great was ever achieved without enthusiasm."

EDITED BY - WALTER J. ROSS

EDITORIAL OFFICES—69 ST. VINCENT STREET, GLASGOW, C.2

TEL.-CENTRAL 8443

JUNE, 1954. Vol. 8, No. 12.

Annual Subscription, 7/- (U.S.A., 1\$).

JOHN EMMET FARRELL'S



WITH the possibility of selection for the Empire Games at Vancouver as a lure the Scottish track and field championships at New Meadowbank should prove even more interesting than usual

Jack's Class Should Tell.

Dual sprint holder Willie Jack is fit and well forward in condition and so despite the presence of such good contenders as L. B. McKenzie (Edinburgh University), W. Henderson, (Watsonians) and A. Dunbar and R. Quinn, (Victoria Park) I expect the Olympic runner to pull off both sprints.

Robertson a Hard "Nut" to Crack.

I also feel that holder J. Allen Robertson of Edinburgh Northern will take some beating in the quarter. To my mind he is one of the most under-rated of champions. His 49.6 secs. last year was of outstanding merit; he is stylish, a versatile sprinter and a strong finisher. His chief rival may be again as last year D. McDonald of Garscube Harriers who is also a more than useful sprinter. He is reaching peak

form and now has a stronger finishing "kick." There is little choice between these two grand quarter milers. David Gracie is also an outstanding quarter-miler and if entered must also come into the reckoning but I assume that he may decide to concentrate on his speciality the low hurdles. Otherwise he would have to do a power of running with heats, cross-ties etc.

Hamilton's Absence means New Holder

J. S. Hamilton's departure to Canada not only means a new half-mile champion but also a very open race. Last year's runner-up F. Sime (Strathguy Harriers) W. Messer, (Edinburgh Northern), W. S. Linton, (Braidburn) Guy Sorbie (Victoria Park) and R. Stoddart, (Bellahouston) who all beat 2 minutes last year, must each have an excellent chance.

Into the picture must also come former "stars" Jim Kirk (Shettleston) and ex-holder, Tom Begg. The latter is making a particularly welcome return after several seasons lay-off.

A New Threat.

In addition newcomer Ian Stuart of Glasgow University has been showing excellent form and is well-forward in condition as his recent 1 min. 57.5 secs. shows. This student of history might even create some athletic history of his own by winning the title.

The "Open" Mile.

The mile, like the half has also a most open appearance. Holder, Alex. Breckenridge is of course also an absentee being resident in the United States. His recent victorious 4 mins. 6.3 secs. mile in which he defeated among others—Olympic 880 champion Mal Whitfield has thrilled more than merely Scottish athletic enthusiasts.

Here again it seems difficult to pin-point the winner. J. S. Hendry (Walton A.C.) and J. Hermiston (Edinburgh H.) must have an excellent chance if they can produce last year's joint time of 4 mins. 21.2 secs. A. Small (Plebeian) and J. Smart (Edinburgh Southern) can't be left out of the reckoning—while former holder Ken Coutts if really fit has the potential to regain his title and in fast time.

Can Binnie retain his 2 Titles?

Last year Ian Binnie of Victoria Park literally ran away with both 6 miles and 3 miles and of course set up native and all-comers records in the process.

His recent form has been erratic and somewhat disappointing. His hour run while good enough was not the Binnie standard and the Victoria Park crack is not regarded as certain to win both titles.

I find it difficult to oppose this mercurial but brilliant runner who by the time of the championships may have recaptured some of last year's effervescence.

In the six miles I see little close opposition if Binnie is in good form. Harry Fenion who is running well and Hamilton Laurence of Teviotdale should take place positions.

Stevenson may be 3 mile Threat.

Binnie may have a harder task to retain his 3 mile title. Chief opposition may come from little John Stevenson of Greenock Wellpark who has been showing excellent form over 1 and 2 miles. Other

likely candidates are Eddie Bannon our cross-country champion, Alex. Black now of Dundee A.C., Springburn's Tom Tracey and Englishman Adrian Jackson. If they are all lined up at the start what a thriller it will be all the way.

Gracie for 440 hurdles.

There is nothing certain in athletics, witness how Alan Paterson a few seasons back lost his title by failing to clear in sodden ground conditions a height which normally he could have stepped over. Still it would be equally sensational should David Gracie fail to retain his 440 yds., hurdles title. Chief interest should be his time taken for the distance for the Larkhall boy is one of Scotland's best bets for an Empire title towards the end of July where we hope he may follow in the footsteps of F. A. Hunter.

Edinburgh duel repeat?

When bespectacled J. G. H. Hart vacated the 120 yards high hurdles crown after keeping it for 7 years it was felt that his successor would be brilliant ex-junior champion J. McAslan of Edinburgh South. who was runner-up and had given the champion some of his hardest races. However, McAslan had still to be content with the runner-up's position for after a desperate duel C. A. R. Dennis (Edinburgh Univ. A.C.) beat him in 15.6 secs. against 15.8 secs. It is possible that these two may again fight out the issue joined perhaps by J. Nelson of Jordanhill Training College.

Paterson's chance in Steeplechase.

Last year the steeplechase championship was the race of the day. In the finishing straight the three Edinburgh runners, J. R. Hamilton, J. W. Brydie, and J. V. Paterson were still locked together with the tall Hamilton the probable winner, but in a desperate final bid Paterson just took the tape off Brydie's chest with Hamilton just 3 yards away. The finishing times tell the story of the race adequately. Paterson, 10mins. 37.6 secs., Brydie, 10 mins. 37.6 secs., and Hamilton, 38.3 secs. It might be too much to expect a repeat performance but if those three are again in the field fireworks can be expected.

South African Student High Jump Favourite.

Favourite to win the high jump title will be South African student Bill Little who has cleared 6 ft. 3 ins. here and 6 ft. 4 ins. in South Africa. Despite Ken Cunningham's competent 6 ft. 1 in., to win the title last year there has been an absence of real class since Alan Paterson emigrated to Canada but Little may succeed in closing the gap to some extent. Even if former holder Bill Piper is fully recovered from his unfortunate leg injury of last year he may still have to be content as a runner-up.

The other jumps.

A. R. Smith of Glasgow varsity and R. N. Stephen of Shettleston both cleared 20 ft. 3 ins. last year but the former received the verdict by virtue of fewer failures. Let's hope that a more inspiring length will be achieved this year.

Certainly Smith's capable of very much better. Stephen compensated for the long jump defeat by pulling off the hop, step and jump title with a creditable 44 ft. 7½ ins. and he may again succeed.

Pole Vault Puzzle.

Holder P. Milligan (Victoria Park) may have to yield his title if versatile W. Piper can recapture his old form. However, Milligan has gained our admiration in the past as a most spirited competitor and can't be expected to lay down his crown without an able challenge.

Champions should Retain "Heavy" Titles.

In throwing the discus, throwing the hammer and putting the weight champions K. Maksimczyk, E. C. K. Douglas and J. Drummond should all retain their titles if forward but the latter who has had a grand run of championship successes must expect a stout challenge from the improving powerful Tom Logan.

Classic Javelin may provide keenest duel.

The keenest and classiest event could well be the javelin with holder Fraser Riach and ex-holder D. W. McKenzie both capable of over 190 ft. The versatile Riach is probably much more consistent than his rival and could retain his title but McKenzie is in record-breaking form and must start favourite.

Olney's Great Run.

Alex. Olney's great record of 28 mins. 35 secs. in the 6 miles 206 yards sector of the London to Brighton relay has aroused comment in athletic circles. It was a wonderful run and has been favourably compared with Zatopek's six miles track record of 28 mins. 8.4 secs. Still I have always felt that the road was an even faster medium than the track. In addition there are ups and downs on the road which make comparison with a level track difficult. I feel that Zatopek could take a considerable slice off even that great record. In the Bognor "10" Olney had another great run clocking under 50 minutes for the distance. He is a grand track and country runner but as a road runner he is sensational. One wonders what his marathon potentials are?

The strange thing is that Olney is essentially a recreational runner, eschewing the slavish devotion to the task of the typical modern greats. As he himself admits, he admires these devotees but their methods would not suit his temperament and make-up. When in the mood and in top gear Olney is still not far from world class.

High Standard of English Athletics.

English athletics, apart from its bright particular stars have reached a high standard of general excellence unexcelled in its history.

Take for example the Southern 6 miles championship where 3 runners beat 29 mins. and the first 6 beat 29 mins. 30 secs. Astounding 45-year-old veteran J. C. Smart of Belgrove clocked 29 mins. 29.6 secs. yet was only 6th. Different tactics were provided by winner and runner-up. The latter Ken Norris ran a pillar to post race leading most of the way but was sold out at the finish whereas Peter Driver the eventual winner kept something in reserve and although 80 yards behind a mile to go came through with a driving finish.

Another classy event was the Sheffield—Doncaster marathon where the first 6 beat 2 hrs. 34 mins. and the holder though breaking his own record by over 2 mins. just failed to catch the winner by the narrow

margin of 5 seconds. 2 hrs. 30 mins. 45 secs. for Kelly against 2 hrs. 30 mins. 50 secs. for McManus.

"The Mile of the Century."

There have been many "miles of the century" especially the American promoted ones of the past few years—but Roger Bannister is surely entitled to be called the miler of the century after his epoch-making world-record mile in 3 mins. 59.4 secs.

Psychological Barrier.

Although other milers may beat his time to Bannister belongs the credit of being the first to break the magic 4 minute mile.

In the past whenever a man has broken what has appeared an unassailable figure—others have followed suit. The psychological barrier has been broken. Deep in the sub-conscious of the athletes concerned what was regarded as nearly impossible now comes into the category of highly probable.

This is a specially subtle psychological study deserving an analysis of its own, but certainly the modern theme of the close connection between mind and body finds a ready example in athletics.

Bannister must now beat the MAN!

Having beaten the watch Bannister must now concentrate on beating his man. As he himself says, time is secondary to winning a race.

Sometimes a big championship does not provide an exceptionally fast time for the simple reason that it develops into a race of tactics, a cat and mouse affair in which the contestants are chary of making the pace. Hitherto Bannister has been perhaps more successful against the watch than in the man to man struggle against opponents of equal class but with the big Empire Games and European Games championships looming ahead he has the opportunity to remedy this state of affairs. This epic mile should afford him confidence and cause anxiety to his rivals.

comparable achievements. The mile is chiefly an English-speaking preserve, a mile in 4 minutes or 4 laps of 1 minute each presents an even pace easily understandable and easily measured. But the continentals who think chiefly in terms of metres are not equally impressed. A 1,500 metres in 3 mins. 42 secs (World record 3 mins. 43 secs.) might find more general acclaim.

It is very difficult to compare athletic fields of world class. For example Parry O'Brien with a throw of 60 ft. 5½ ins. in the shot putt has passed the "60 ft. barrier." The high-jump world record is just short of the "7 ft. barrier" and this feat has been accomplished in private. Then what of the performances of Pirie and Zatopek from 3 miles to 10,000 metres I feel sure for example that Zatopek's time in the 10,000 metres of a shade over 29 minutes, is on a par with the miracle mile.

There is Jim Peter's 2 marathons under 2 hrs. 19 mins., performances which have not received the acclaim they deserved, and the merit of which has not been fully understood by the general public.

When Kitei Son of Japan won the Olympic Marathon in 2 hrs. 29 mins. 19.2 secs. it was regarded as sensational as 2 hrs. 30 mins. was regarded as just about the limit of human speed and endurance.

Overcoming the Fatigue Barrier.

In the world of mechanics we hear much of overcoming the sound barrier. In the world of athletics records we have discussed a possible psychological barrier.

In long-distance and especially marathon running there is the problem of what might be called the fatigue barrier. It is difficult to completely off-set the effects of fatigue in a marathon race although highly trained athletes of the Jim Peter's type have gone a long way towards tolerating this condition.

Without attempting to explain this

brethren. So perhaps our success in marathon running will be proportionate to our ability to overcome the fatigue barrier, subject of course to our limitations in class.

Good News and Bad News?

Emil Zatopek has monopolised long-distance running on the International scale for such a considerable time that the Czech's recent utterance will be listened to intently.

The triple Olympic champion of 1952 says that he has now no illusions regarding the shorter distances, that he means to concentrate on the longer stretches and despite an admitted aversion to the marathon declares that he will train with the 1956 Olympic Marathon in view.

This may be a relief to many distance track aspirants but a cat among the pigeons to ambitious marathoners.

Dispersing his powers in 1952, Zatopek won the Marathon in facile fashion and in fast time, what could he do by concentrating all his energies on this one event? Wonderful as are athletes of the Karvonen Peters type, could they hold the incredible Czech?

As an unqualified admirer of Jim Peters and his dogged unyielding spirit I wish him luck in the odds staked against him.

After all the Czech is only human, and a race is never lost until it is won.

But before the Olympics come the European Games and Zatopek's admission that he is slowing down must not be taken too literally by aspirants for his dual 5,000 and 10,000 metres crowns. After all he won a 5,000 metres recently in 14 mins. 4 secs. which is 2.6 secs. faster than his 1952 Olympic winning time. Perhaps Haegg's world record of 13 mins. 58.2 secs. will be in danger when these giants of the track meet in Berne during August.

There Will be Others.

If and when in the fullness of time Zatopek's powers begin to wane other rivals will arise to take his place like the fabled many headed giant who grew

Post-Script to "Running Commentary."

Since writing the above, word has come through of Zatopek's fantastic double world record over 5,000 and 10,000 metres. On Sunday, 30th May, the Czech express ran 5,000 metres in 13 mins. 57.2 secs. one second better than Haegg's 1942 figures. In doing so he beat 14 mins. for the first time and captured the record he prized above all others. Two days later he repeated this form by taking a little over 7 seconds off his 10,000 metres figures reaching the tape in the amazing time of 28 mins. 54.2 secs. He reached the six-mile stage in 27 mins. 59.2 secs. against his previous best of 28 mins. 8.4 secs. This is sensational running comparable to Bannister's recent mile feat.

Despite Zatopek's protests that the 5,000 metres in particular is too fast for him and hints of anno domini taking toll I fear that his rivals in the European games will not have their sorrows to seek and we should not be too optimistic about our runner's chances of out-pacing the great Czech in Berne.

Great runners that Pirie and Chataway undoubtedly are I am sure that they are under no illusion as to their task. Pirie and Zatopek appear to be essaying opposing methods in reaching their peak. The former, if reports are correct aiming specifically for greater speed, the Czech laying emphasis on more running and increasing stamina. It will be interesting to await the outcome of their personal duel in Berne.

* * *

RECORDS.

F. Mihalic (Yugoslavia) broke the 3 miles Scottish All-comers Record at the Glasgow Highland Gathering held at Ibrox Park, on 29th May, when winning 14m. 54.3 secs. Ian Binnie set a fast pace for the first 2 miles but with over 3 laps to go Mihalic took the lead and running strongly was an easy winner. Olympic runner, F. Norris (A.A.A.) passed Binnie to take 2nd place. Previous best was I. Binnie's 1953 figures of 14m. 1.4 secs.

SCOTTISH WOMEN'S CHAMPIONSHIPS

NEW MEADOWBANK, 12th JUNE.

Reviewed by T. MONTGOMERY (Hon. Chief Coach, S.W.A.A.A.)

THE championships were carried through in lovely weather, a bright sunny afternoon, with unfortunately a slight breeze from the east which was behind the short sprinters and the track was a little soft, but generally speaking the conditions were good. The entry was disappointing due no doubt to the clashing of the School Girls Championships at Dunfermline, but if the numbers were poor the quality was good.

Four records were broken during the afternoon, one all comers and three native but unfortunately the breeze behind the 100 yards runners is likely to nullify one of the records, a pity as there could not have been much in it, whether it was of assistance or not, but rules are rules and must be observed.

There is no doubt that Pat Devine "Q" A.C. was the star of the meeting with, one All Comers and Native Record, one best ever performance and three titles but whether it will bring her nearer to a trip to Vancouver is still in the lap of the selectors. Whether selected or not well done Pat! A remark overheard at Meadowbank, was that Pat didn't seem to be trying" is surely a compliment to her form and the hallmark of a top class runner. It certainly must have been very disconcerting to the other girls to meet Pat in such devastating form, especially to her team mate E. Hay, who bettered her own record in the 220 yards yet was beaten, and also E. M. Sealey who put up her fastest time ever for the 220 yards but lost her title and had to be content with third place. In the hundred the finalists were, in addition to the three already mentioned, D. Stewart, Bellahouston; M. Taylor, Edin. Southern and J. Herman Edin. Southern, thus making it predominantly

bettered standard time.

The same placings was the result of the 220 yards, with Pat well out on her own and E. Hay's superior strength at the finish just holding off for 2nd place and the other finalists M. Taylor, J. Herman and D. Stewart close up. All but D. Stewart beat standard time. The winner's time of 25.1 secs. is almost certain to be ratified as the all comers and native record beating the existing all comers by .1 sec. and the native by .4 sec.

The 440 yards was in spite of P. Devine's running probably the race of the day. The holder A. McKie of Ardeer was unlucky in that she was drawn outside, and in the race she was to my mind too hesitant down the back straight, lack of pace judgement probably but it certainly lost her her title. The winner J. Webster, Athenian, last years champion was drawn in lane three and ran I thought with fine judgement and I venture to predict that she will without doubt better her new record time of 60.5 secs. before long, even inside the 60 secs., with W. Bowden Edin. Univ. as the one to make her do it. Wilma who is the Universities champion and record holder was suffering from a slight leg injury but even 100% fit I doubt if she can match Jean Webster's strength at the finish. Still sticking my chin out I think that if Jean had a mind to she could capture the half and the mile records as well. A. K. Elder M.H. who was fourth beat standard time but I feel that the standard of 65 secs. will be tightened up before next year.

Talking of records A. K. Drummond, Maryhill cannot be left out of the reckoning and would vie with J. Webster for the half and mile records (she is the present holder of the mile record) and I would

mile which she won comfortable in reasonably good time otherwise I think we would have had a new record in one or the other or maybe both. Betty Moffat, Athenian past holder of the half title has not been able to train seriously this year, was second in the half but was far below her best and like M. A. Ferguson, Springburn who was third, both beat standard time, could not offer a real challenge at the finish.

In the mile the position was the same, M. Wadler, Athenian, a past holder, did not have Aileen's pace at finish otherwise the record of 5m. 35s. might have gone by the board. M. Campbell, Maryhill was well back for third. No standard has yet been fixed for the event.

The hurdles had a very poor entry and the holder I. Todd, Jordanhill was unfortunate in knocking her leg in her heat and then crashing in the final. Jean Thomson, Edin. Southern (previously Dumfries) won by about a yard or so from M. Martin, Athenian who still doesn't get away fast enough at the start, with a very

sisters down south.

The throwing events showed an improvement on last year and the highlight here was Jean Thomson's new record in the discus. This is long overdue, in fact all the Scottish records in the throwing events lag a long way behind the English, and any improvement is most welcome. Actually this is the first year in the Championships where two have beaten 100 ft. and the third just on it. I. Smith "Q" A.C. was second, after scaring the day-lights out of the spectators with one of her qualifying throws, (it cleared the track and the rails to land in the enclosure) with 102 ft. 4 ins. and C. R. Chesters Edin. University was third, with 98 ft. 11 ins. with several more beating 90 ft. A decided improvement.

The general standard in the Putt was also up on last year but still a long way behind. M. Hamilton, Edin. Harriers, just managed to oust E. Hay who must have been the unluckiest competitor having had three second places. Bad luck Elspeth



PAT DEVINE, the popular Dundee "Q" Club athlete was the winner of three Scottish titles. At the British championships she was runner-up in the 100 yds. (same time as the winner 11.1 secs.) and 4th in the 220 yds. and long jump.

best in the field events. Anne McKie was third an inch or two behind E. Hay. Anne also did not have lady Luck on her side on Saturday.

The Javelin was the poorest supported event and it was very pleasing to see G. Shaw all the way from Castle Douglas win it with a really good throw for a girl of her age at 98 ft. 1½ ins. M. McBain, of Bellahouston, one of the older brigade was second as she was last year and a youngster in R. Martin, Athenian, 2 or 3 ft. behind in third place. I think we can expect to hear quite a lot of Miss Shaw and Miss Martin in the future if they persevere.

All over it was a good meeting, up to time, yet giving the competitors necessary rest periods etc. and the S.A.A.A. officials who officiated are on behalf of the Women's Association to be thanked for their services on the way they carried out their duties.

Next year lets hope that the major dates do not clash and I venture to suggest that Intermediate and Junior Championships to be run in conjunction with the Senior, be instituted next year.

100 yards

- 1.—P. Devine, ("Q" A.C.) ... 11.1s.
- 2.—E. Hay, "Q" A.C. ...
- 3.—E. Sealey, Maryhill Harriers.
- 4.—M. Taylor, (Edin. Southern H.).
- 5.—J. Herman, (Edin. Southern H.).
- 6.—D. Stewart, (Bellahouston Harriers).

Standard time: 11.6 secs.

All above gained standard.

Time of 11.1 secs. will not be recognised due to wind assistance.

220 yards

- 1.—P. Devine, ("Q" A.C.) ... 25.1s.
- 2.—E. Hay, "Q" A.C.).
- 3.—E. Sealey, (Maryhill Harriers).
- 4.—J. Herman, (Edin. Southern H.).
- 5.—M. Taylor, (Edin. Southern H.).
- 6.—D. Stewart, (Bellahouston Harriers).

Standard time: 26.8 secs.

First five above gained standard.

25.1 secs. is new Native and A/cs' record.

440 yards

- 1.—J. Webster, (Athenian A.C.). 60.5s.
- 2.—W. Bowden, (Edin. Univ. W.A.C.).
- 3.—A. McKee, (Ardeer Recreation).
- 4.—A. K. Elder, (Maryhill Harriers).

Standard time: 65 secs.

All above gained standard.

Time of 60.5 secs. new Native Record.

880 yards

- 1.—A. Drummond (Maryhill H.) 2m. 25.4s.
- 2.—E. Moffat, (Athenian A.C.).
- 3.—M. Ferguson, Springburn Harriers).

Standard time: 2 mins. 36 secs.

All above gained standard.

One Mile

- 1.—A. Drummond (Maryhill H.) 5m. 39s.
- 2.—M. Wadler, (Athenian A.C.).
- 3.—M. Campbell, (Maryhill Harriers).

80 metres hurdles

- 1.—J. Thompson, (Edin. Southern) 12.6s.
- 2.—M. Martin, (Athenian A.C.).
- 3.—P. Campbell, Maryhill Harriers).
- 4.—I. Todd, (Jordanhill W.A.C.).

Standard time: 12.9 secs.

Standard gained by J. Thompson and M. Martin in final and I. Todd in heat.

High Jump

- 1.—M. Hamilton, (Edin. Har.) 4 ft. 7 ins.
- 2.—T. Thompson, (Edinburgh South H.).
- 3.—P. Robinson, (Edin. Univ. W.A.C.).

Standard height: 4 ft. 9 ins.

Long Jump

- 1.—P. Devine, ("Q" A.C.) 17 ft. 3½ ins.
- 2.—P. Campbell, (Maryhill Harriers).
- 3.—I. Todd, (Jordanhill W.A.C.).

Standard distance: 16 ft. 6 ins.

P. Devine only gained Standard.

Discus

- 1.—J. Thompson, Edin. S. H.) 110 ft. 3 ins.
- 2.—I. Smith, "Q" A.C.).
- 3.—C. R. Charters, (Edin. Univ.).

Standard distance: 95 ft.

All above gained standard.

Distance of 110 ft. 3 ins. is new Native Record subject to Weights and Measures certificate for Discus being produced.

Javelin

- 1.—G. Shaw, (Unattached) 98 ft. 1½ ins.
- 2.—M. McBain, (Bellahouston Harriers).
- 3.—R. Martin, (Athenian A.C.).

Standard Distance: 90 ft.

G. Shaw only gained standard.

Shot-Putt

- 1.—M. Hamilton, (Edin. Har.) 29 ft. 5½ ins.
- 2.—E. Hay, ("Q" A.C.).
- 3.—A. McKee, (Ardeer Recreation).

Standard distance: 28 ft.

Above gained standard.

BEST SCOTTISH PERFORMANCES, 1954.

COMPILED TO 31st MAY BY ROBERT SINCLAIR, JNR.

100 Yards

- J. E. A. Robertson (E.N.)—10.1 (W)
 Saughton—19/5/54
 R. Johnstone (E.N.) 10.2s.—Inverleith—
 25/5/54

220 Yards

- W. Henderson (W.A.C.), 22.3s.—Ibrox—
 29/5/54
 D. McDonald (Garscube H.), 22.4s.—
 Ibrox—29/5/54
 T. W. Henderson (G.U.A.C.), 22.8s.—
 Westerlands—29/5/54

440 Yards

- J. E. A. Robertson (E.N.), 49.3s.—White
 City—15/5/54

880 Yards

- I. M. Stuart (G.U.A.C.), 1m. 57.5s.—
 Westerlands—15/5/54

1 Mile

- J. Stevenson (G.W.H.), 4m. 25.6s.—Ibrox
 2/4/54

3 Miles

- J. Stevenson (G.W.H.), 14m. 13.4s.—White
 City—15/5/54
 I. Binnie (V.P.), 14m. 17.1s.—Ibrox—
 29/5/54

- E. Bannon (Shettleston H.), 14m. 21.2s.—
 Ibrox—2/4/54

- T. Tracey (Springburn H.), 14m. 25.6s.—
 Ibrox—2/4/54

- A. C. Black (D.A.C.), 14m. 35.5s.—
 Barrachnie—15/5/54

120 Yards Hurdles

- C. A. R. Dennis (E.U.A.C.), 16.1s.—
 Craiglockart—19/5/54
 S. Nelson, J.T.C.A.C.), 16.1s.—Jordanhill—
 19/5/54

440 Yards Hurdles

- D. K. Gracie (G.U.A.C.), 56.5s.—White
 City—15/5/54
 C. A. R. Dennis (E.U.A.C.), 56.9s.—
 Craiglockart—29/5/54

High Jump

- W. Little (G.U.A.C.), 6 ft. 3 ins.—Wester-
 lands—24/4/54
 N. G. Gregor (H.H.H.), 6 ft. 2 ins.—
 Maidstone—12/5/54
 W. Piper (V.P.), 6 ft. 0½ ins.—New Meadow-
 bank—1/8/54

- J. T. A. Johnstone (G.U.A.C.), 5 ft. 10 ins.—
 Westerlands—17/4/54

- R. S. Scott (E.U.A.C.), 5 ft. 10 ins.—
 Craiglockart—24/4/54

Long Jump

- W. Frazer (W.A.C.), 21 ft. 11½ ins.—
 Myreside—20/5/54

- J. P. McAslan (E.S.H.), 21 ft. 5 ins.—
 Bangholm—20/5/54

- W. R. Cameron (G.U.A.C.), 21 ft. 4½ ins.—
 Westerlands—25/5/54

- R. M. Stephen (G.U.A.C.), 21 ft. 4 ins.—
 Westerlands—8/5/54

Hop, Step and Jump

- R. M. Stephen (G.U.A.C.), 45 ft. 5½ ins.—
 Westerlands—24/4/54

- H. M. Murray (G.U.A.C.), 44 ft. 10 ins.—
 Craiglockart—22/5/54

Pole Vault

- N. G. Gregor (H.H.H.), 13 ft 0 ins.—
 Maidstone—8/5/54

- P. W. Milligan (V.P.A.A.C.), 10 ft. 6 ins.—
 Craiglockart—22/5/54

- P. McAndrew (J.T.C.A.C.), 10 ft. 6 ins.—
 Jordanhill—13/5/54

Putt

- T. A. Logan (V.P.A.A.C.), 45 ft. 0½ ins.—
 Ibrox—29/5/54

- K. Maksimczyk (E.E.H.), (doubtful) 43 ft.
 6½ ins.—Inverleith—25/5/54

- J. Drummond (H.A.C.), 42 ft. 11 ins.—
 White City—15/5/54

- J. Donnelly (Q.A.C.), 42 ft 2 ins.—Tilli-
 coultury—8/5/54

- S. Olafsen (E.U.A.C.), 41 ft. 8 ins.—
 Craiglockart—29/5/54

Discus

- K. Maksimczyk (E.E.H.), 145 ft. 1 in.—
 Craiglockart—13/4/54

- R. C. Buist, (Q.A.C.), 131 ft. 1 in.—
 Craiglockart—13/4/54

- E. C. K. Douglas (F.E.C.), 121 ft. 10 ins.—
 Craiglockart—18/5/54

Javelin

- D. W. R. Mackenzie (E.U.A.C.), 193 ft.
 7 ins.—Craiglockart—29/5/54

- C. F. Riach (J.T.C.A.C.), 181 ft. 5½ ins.—
 Jordanhill—13/5/54

SCOTTISH MARATHON CHAMPIONSHIP

JOE MCGHEE SETS FASTEST TIME

By G. S. BARBER

THE Scottish marathon championship was run on 29th May, over a new course starting from the Cloch Lighthouse, Gourrock to Ibrox Park where the Glasgow Highland Games were being held.

There was an entry of 30 runners with three non-starters. The holder, J. Duffy, Hadleigh A.C., was to the fore and looked fit. The day was dry and warm but there was a very stiff head wind which over a very open course was a decided handicap.

The Provost of Gourrock got the runners away to a very fast start. At four miles Duffy led with W. Jackson, Royal Navy, H. Lawrence, Teviotdale H. and Joe McGhee, Shettleston H. in attendance. The time at 5 miles was 27.11 with Duffy, Lawrence, McGhee and G. King, Greenock Wellpark all together. Then came W. Gallagher, Shettleston H. in 27.29 then a bunch including G. Porteous and J. E. Farrell, Maryhill H. and A. H. Fleming, Cambuslang H. in 28m. 37s.

It was easy to see that this was going to be a fast race and after the five miles check and the run through Greenock and Port Glasgow the rot set in for quite a few and there were changes.

At 10 miles Lawrence and McGhee led in 56.27 with Duffy and King together in 56.53. Next was Gallagher in 57.58 then followed Farrell, Fleming and E. Campbell, St. Mary's, in 58.6 still good running with such a strong head wind.

Continued from Page 11

Hammer

E. C. K. Douglas (F.E.C.), 180 ft. 5 ins.—
Craiglochart—20/4/54
A. R. Valentine (R.N.), 170 ft. 8 ins.—
White City—15/5/54
R. Scott (G.U.A.C.), 160 ft. 7½ ins.—
Westerlands—29/5/54
J. Malcolm (E.C.P.A.C.), 139 ft. 2 ins.—
Craiglochart—18/5/54
L. Nisbet (E.U.A.C.), 135 ft. 3 ins.—
Craiglochart—26/5/54

Then came the climb out of Port Glasgow with Lawrence still in front and looking exceedingly fit with Joe McGhee taking all the shelter he could from the wind. Duffy was now dropped with Gallagher and King labouring behind. Farrell and Fleming further back were running very easily together.

In the long stiff climb out from Langbank a change came over the race. Although Lawrence was leading and still pattering away, McGhee was holding him easily. King dropped Duffy but Gallagher taking a chance passed King and at 15 miles Lawrence and McGhee clocked 1.24.21 which was excellent time with Gallagher in 1.25.15, but not looking very happy, King clocked 1.25.45 and here Duffy dropped to a walk and then passed the fifteen mile mark in 1.26.51. Then that hardy annual Farrell looking exceedingly strong and fit with Fleming in 1.28.50.

Joe McGhee after the long climb up from Langbank decided to take the lead—for the first time. As soon as he pushed ahead Lawrence decided that he had enough and at once stopped. He said he felt sick and had no food since breakfast. McGhee with one glance behind to see what was going on pushed ahead and covered—alone—the next 5 miles in 30.36 which was amazing on his own, and a strong head wind with which to contend. He could have been forgiven had he taken a rest at this period. The holder of the title, Duffy, retired just after 15 miles, he had been struggling for quite a while.

At 20 miles McGhee clocked 1.55.57 with a clear lead of over ¾ of a mile. Gallagher came up at 1.58.13 and said he wished to retire but was persuaded to continue. King came in at 1.58.39 with Farrell running very easy in 2.1.16.

Within a mile Gallagher retired and yet McGhee pushed on as if there was a pack at his back and ran in to win the race in the record time of 2.35.22.

The result of the race was as follows—
J. McGhee, R.A.F. & Shettleston 2.35.22.
J. E. Farrell, Maryhill H. ... 2.43.08.
G. C. King, Greenock Wel. H. 2.47.04.
N. Neilson, Springburn H. ... 2.47.09.
W. Jackson, Royal Navy ... 2.51.14.
J. Kerr, Plebeian Harriers ... 3.06.05.
R. Donald, G.Y.M.C.A. ... 3.07.23.

The 24 year-old winner Joe McGhee has surely a great career ahead of him. Emmet Farrell for the third time having to accept runner-up gave a solid performance—or rather for a man of 45 an astonishing one.

I have never seen so many retire in a marathon race, it is the old story, one must get distance in training, speed is not enough. I am sure the hardest trainers won the finest prizes.

As usual my tale-end grouse.—When are the marathon men going to get their place in the scheme of things? Although the officials at the park had ample warning of the approach of the marathon leaders little or no arrangement was made to clear the track and give the winner the ovation he so richly deserved. In fact after he had passed the post on his way to

his last lap, finishing the fastest marathon race we have seen here and the only Scottish championship at the meeting they ran a heat of the 220 yards!

It was announced the winner of the road race was Joe McGhee, no word that it was a full distance marathon and the Scottish Championship.

Only those who have seen these men the whole way fighting every inch of the distance can understand their disappointment at the lack of interest shown by officials in the park when they finally reach their goal.

ROAD RACES.

June.	
26—Ben Nevis (4,406 ft.).....	
26—A.A.A. Marathon (London).....	26m 385 y
July.	
10—Dundee North End F.C.....	12 mls.
17—Broughty Ferry.....	12 mls
31—Falkirk Victoria.....	
Aug.	
14—Carlisle.....	12 mls.
14—Milngavie.....	10 mls
14—Aberfeldy.....	13 mls.
21—Bute.....	11 mls.
28—Perth-Dundee.....	22 mls.
Sept.	
4—Shotts.....	15 mls.
11—Dunblane.....	14 mls.

EDINBURGH CITY POLICE SPORTS MEETING

(Under S.A.A.A., S.W.A.A.A. and S.C.U. Laws)

NEW MEADOWBANK, EDINBURGH
ON SATURDAY, 17th JULY, 1954

Commencing at 2 p.m.

TRACK AND FIELD EVENTS
INVITATION — POLICE — OPEN — LADIES
CYCLING EVENTS (Cinder Track)
SENIOR FIVE-A-SIDE FOOTBALL

ENTRY FORMS from O. N. DICKSON, Leith Police Station,
Edinburgh.

GLASGOW POLICE SPORTS.

Invitation Event Details:—

100 Yards

1.—L. Remigino (U.S.A.) 9.6 secs.—Scottish all-comers and equals British all-comers record. 2.—R. Rulander (Holland. 3.—B. Shenton (A.A.A.).

220 yards

1.—L. Remigino 21.3s. 2.—B. Shenton 22.0s. 3.—C. N. Gibbs (A.A.A.) 22.3s.

440 yards

1.—L. Jones (U.S.A.) 47.5s. 2.—P. S. Fryer (A.A.A.) 49.4s. 3.—A. W. Scott (A.A.A.) 49.4s. 4.—D. McDonald (Garscube H.) 49.4s.

880 Yards

1.—A. Boysen (Norway), 1m. 50s. (Scottish all-comers record). 2.—G. Nielson (Denmark), 1m. 50.7s. 3.—T. Ekfeldt (Sweden).

1 Mile

1.—D. R. McMillan (Australia) 4m. 12.6s. 2.—I. Ericsson (Sweden). 3.—J. W. Brown, (A.A.A.).

3 Miles

1.—W. Ranger (A.A.A.), 13m. 57s. 2.—G. Warren (Australia), 13m. 57.8s. 3.—L. Eyre (A.A.A.), 13m. 57.9s. 4.—I.

Binnie (V.P.A.A.C.), 14m. 0.2s. (Scottish Native record). 5.—J. Stevenson, (Greenock Wellpark H.), 14m. 5.2s.

440 Yards Hurdles

1.—L. H. Kane (A.A.A.), 53.7s. (equals Scottish all-comers record). 2.—A. I. P. Francis (Puerto Rico). 3.—J. Voilliguin (France).

Pole Vault

1.—G. M. Elliot (A.A.A.), 14 ft. (British National and Empire record). 2.—R. Lundberg (Sweden) 13 ft. 6 ins. 3.—I. Ward (A.A.A.) 12 ft. 9 ins.

Shot Putt

1.—G. M. Elliot 43 ft. 10½ ins. 2.—J. L. Donnelly ("Q" A.C.) 39 ft. 3½ ins. 3.—D. A. Nicholson (G.P.A.A.) 36 ft. 11½ ins.

* * *

Former champion and record holder D. W. R. McKenzie, Edinburgh Univ. A.C. approached the coveted 200 ft. mark when he had a Scottish Native Record throw of 198 ft. 1 in. on 8th June, at Craiglochart. The previous record was 195 ft. 5½ ins. by C. F. Riach.

CORPORATION OF THE CITY OF ABERDEEN

HOLIDAY SPORTS MEETING

(Under S.A.A.A., S.W.A.A.A. and S.C.U. Laws)

AT KING GEORGE'S FIELD, ABERDEEN
(LINKSFIELD STADIUM)

ON SATURDAY, 24th JULY, 1954,

COMMENCING 2.30 P.M.

The Highly attractive Programme of Competitive Events will include ATHLETICS, CYCLING, PIPING and HIGHLAND DANCING and FIVE-A-SIDE FOOTBALL COMPETITIONS. Full Details and ENTRY FORMS from the Public Parks Department, 15 Bon-Accord Crescent, Aberdeen, and Corporation Publicity Department, 24 Union Street, Aberdeen.

ENTRIES CLOSE ON SATURDAY, 10th JULY, 1954.

FALKIRK F.C. AND FALKIRK VICTORIA HARRIERS.

FOURTH ANNUAL OPEN SPORTS MEETING

AND

SENIOR FIVE-A-SIDE FOOTBALL CONTEST

AT BROCKVILLE PARK, FALKIRK

ON SATURDAY, 31st JULY, 1954

AT 2.30 P.M.

TRACK AND FIELD EVENTS

INVITATION :: OPEN :: AND LADIES

(Under S.A.A.A. and S.W.A.A.A. Laws)

ENTRY FORMS and PARTICULARS from Sports Convener :

D. KING, 99 Ferguson Drive, Denny, Stirlingshire.

ENTRIES CLOSE, THURSDAY, 22nd JULY, 1954.

WEST CALDER

AMATEUR ATHLETIC SPORTS ASSOCIATION

(Under S.A.A.A. and S.W.A.A.A. Laws)

AT BURNGRANGE PARK, WEST CALDER,

SATURDAY, 31st JULY, 1954

Commencing at 2.40 p.m. prompt.

OPEN EVENTS:

100 Yards, 220 Yards, 880 Yards, One Mile, Two Miles Individual and Team Race, High Jump, Javelin, Discus, Throwing 16-lb. Ball, Throwing 56-lb. Weight over the Bar, One Mile Invitation Relay, Junior 880 Yards, Invitation Relay Race, Youths' 100 Yards.

LADIES' OPEN EVENTS:

100 Yards, 220 Yards, Invitation Relay Race.

ENTRIES CLOSE, ON WEDNESDAY, 21st JULY, 1954.

Full details and Entry Forms can be had from the Hon. Secy., Frank Halliday, 11 Faraday Place, Addiewell, West Calder.